



# Inspiring Womxn and Femmes in STEM



Alba Ledesma

## About me

Postdoctoral researcher in the Animal Science Department. Originally from Argentina.

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## Aim

Create a platform for undergraduates, graduate students and postdoctoral researchers to discuss and exchange experiences with successful womxn in STEM fields from industry and academia. The main goal was to break the gender stereotype in STEM and to give more visibility to womxn in STEM.

## Topics

- Challenges that hold womxn back in STEM related careers.
- Navigating Impostor trauma
- Tips to avoid burn out
- Work/life balance
- Overcoming difficult situations

## Event details

- Two online session series event of two hours duration
- 8 invited speakers
- 2 workshops, topics: Impostor Trauma and Burn-out.
- 71 registered
  - graduate students
  - undergraduate students
  - postdoctoral scholars
  - others

## Sponsored by



## Participants Graduate Group or Department

- Animal Biology
- Plant Biology
- Avian Science
- Food Science and Technology
- Nutritional Biology
- Ecology
- Human Development
- Molecular, Cellular and Integrative Physiology
- Materials Science
- Chemical Engineering
- School of Nursing
- Psychology

## Invited speakers

- ❖ **Workshops: 1<sup>st</sup> session "Impostor trauma"**  
**2<sup>nd</sup> session "Impostor trauma and burn out"**



### Sara Blair Medeiros

Associate Director for the Women's Resources & Research Center at UC Davis. Sara (she/her/they/them) is a fierce Queer Jewish Transracial Adoptee Woman of Color. Passionate about Gender Equity work and Liberation.



### Maryam Ghadiri Khanaposhtani

Post-doctoral researcher at UC Davis, her work lies at the intersection of science and education. 1<sup>st</sup> gen grad student and Iranian immigrant. Leadership coach & co-founder of Golden Acorn.

## Panelists



### Hang Loi

Engineering professional. Global Supplier Relationship Manager with 3M's Transportation and Electronics Business Group. At 3M, she is the Chair of A3CTION, the Asian and Asian American employee resource network.



### Lauren Moores

Serial startup data innovator, advisor & strategist, with 30+ years experience creating data solutions for businesses. She currently works at Flagship Pioneering for Montai Health as Head of Data Innovation



### Fatma Kaplan

CEO of Pheronym and Activate Berkeley Fellow & Berkeley Lab Affiliate Cyclotron Road Cohort 2021. She is also an entrepreneur and an accomplished scientist with experience in both biology and chemistry.



### Susmitha Purnima Kotu

Scientist, engineer, & mom. Subject matter expert on microbiology & microbiologically-influenced corrosion at DNV Energy Systems. Highlighted in the member spotlight column in the Materials Performance publication for her achievements in the field of corrosion.



### Alison Van Eenennaam

Prof. of Cooperative Extension in Animal Genomics & Biotechnology in the Dept. of Animal Science, UC Davis. Her research focuses on the use of animal genomics & biotechnology in livestock production systems. Recipient of several awards in the field of animal science, breeding and genetics.



### Stephanie Slocum

She helps organizations committed to gender equity in STEM create work environments where non-traditional leaders can thrive. Entrepreneur, speaker, author of the Amazon bestseller "She Engineers".

## Feedback

### Let us know what went well!

- "Loved the vulnerability and high engagement! I thought this was just going to be a seminar and I would sit and listen. I always gain more practical skills when I hear people talk about specific obstacles they've faced and how they handled them, rather than glossing over their struggles"
- "The ability to have such a safe space on an online setting"

### Let us know where we can improve!

- "2 hours wasn't nearly enough time"
- "Having a reminder of the event to see it on time"